

**Curriculum Vitae**  
August 2024

**Name:** Cheryl L. Cooke, PhD, DNP, PMHNP-BC

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High Wycombe, Buckinghamshire, UK HP13 5QJ

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+1 206 250 9885

**Email:** [clcookeuk@gmail.com](mailto:clcookeuk@gmail.com)

**Licensure:** United Kingdom: Registered Mental Health Nurse  
United States: Registered Nursing and Advance  
Registered Nurse Practitioner licenses

**Academic Preparation**

2015 University of Washington School of Nursing, Seattle, Washington, USA  
Doctor of Nursing Practice  
Project title: Jail and Hospital Diversion Efforts with Persons with Mental Illness and Substance Use  
Advisor: Professor Elaine Walsh, PhD, RN

2002 University of Washington, School of Nursing, Seattle, Washington, USA  
Doctor of Philosophy  
Dissertation title: (Re)Producing African American Men: Discourses on Manhood, Prison, and Relationships  
Advisor: Professor David G. Allen, PhD, RN

1999 University of Washington, Seattle, Washington, USA  
Master of Nursing

1999 University of Washington, Seattle, Washington USA  
Certificate in Women's Studies

1996 University of Washington Bothell, Bothell, Washington USA  
Bachelor of Science in Nursing

1980 Loma Linda University School of Nursing, Loma Linda, California (USA)  
Associate of Science in Nursing

**Post-Graduate Traineeships**

- 2008            Research Intensive Seminar, Center for Women & Gender Research, University of Washington, Seattle, Washington, USA. Two-day research intensive.
- 2005            Chronic Disease Research Seminar, Center for Research in Chronic Disorders (2 P30 NR003924-11). University of Pittsburgh, Pittsburgh, Pennsylvania, USA. Five-day research training intensive.
- 2002-2004      Postdoctoral Fellow. Women's Health Nursing Research Training Grant, Institutional National Research Service Award (PI M. Killien). NINR T32 NR07039

**Academic Experience**

- Feb 2024-      Buckinghamshire New University  
School of Human and Social Sciences  
Counselling Psychology  
Course Lead, MSc. in Mental Health & Wellbeing in Education
- Sept 2022-     University of Washington Bothell (USA)  
School of Nursing and Health Studies  
Affiliate Associate Professor
- Sept 2019-  
Jun 2021        College of Nursing, Seattle University, Seattle, Washington USA  
Associate Professor and Track Lead, FPMH DNP Program
- Jan-May 2018   School of Nursing, University of Portland, Portland, Oregon USA  
Associate Professor
- Aug-Dec 2017   Kirkhof College of Nursing, Grand Valley State University, Grand Rapids, Michigan, USA  
Associate Professor with tenure
- 2015-Dec 2016   School of Nursing and Health Studies, University of Washington Bothell, Washington, USA  
  
Associate Professor with tenure
- 2008-2015      School of Nursing and Health Studies, University of Washington Bothell, Washington USA  
Assistant Professor
- 2007-2008      School of Nursing and Health Studies, University of Washington Bothell, Washington USA  
Acting Assistant Professor, temporary
- 2004-2008      College of Nursing and Healthcare Innovation, Arizona State University, Phoenix, Arizona USA  
Assistant Professor
- 2002-2004      Lecturer, Family and Child Nursing, School of Nursing, University of Washington, Seattle, Washington, USA

**Clinical Practice as a Psychiatric Advanced Registered Nurse Practitioner**

Feb 2023- July 2023	Bethlem Royal Hospital Monks Orchard Rd, Beckenham BR3 3BX
Jul 2018-	CookeTherapy PLLC Seattle, Washington USA Owner and Psychiatric Mental Health ARNP
Jul 2018- Aug 2019	Marion County Children’s Behavioral Health Salem, Oregon, USA Independent Contractor, Psychiatric Mental Health ARNP
Mar 2018- Mar 2019	Associates for Psychiatric and Mental Health Vancouver, Washington USA Independent Contractor, Psychiatric Mental Health ARNP
May 2016- Aug 2017	Mindful Therapy Group Mountlake Terrace, Washington USA Independent Contractor, Psychiatric Mental Health ARNP
	IKRON of Greater Seattle Bellevue, Washington, USA
May 2016-Oct 2016	Catholic Community Service/CREW program Seattle, Washington USA

**ARNP Clinical Training and Registered Nurse Career Practice**

Sept-Dec 2014	Nurse Practitioner Student Clinical Placement—Child Autism Center, Seattle Children’s Hospital, Seattle, Washington, USA (Lindsay Miller, ARNP)
Jun-Aug 2013	Nurse Practitioner Student Clinical Placement—Child, Adolescent, and Adult Private Practice: Woodinville Psychiatric Associates, Woodinville, Washington USA. (Brooke Gum, ARNP)
Apr-Jun 2013	Nurse Practitioner Student Clinical Placement—Adult Inpatient: Fairfax Hospital, Kirkland, Washington, USA (Jessica Arens, ARNP)
Jan-Mar 2013	Nurse Practitioner Student Clinical Placement—Adult Outpatient: NeighborCare Rainier Park (Seattle) and Valley Cities Mental Health (Auburn, Washington USA) (Debbie Kabish, ARNP)
Jun-Aug 2012	Nurse Practitioner Student Clinical Placement—Child Mental Health: Kitsap County Mental Health, Bremerton, Washington USA (Kellye Campbell, ARNP)
Apr-Jun 2012	Nurse Practitioner Student Clinical Placement—Elder Health: Full Life Care, Seattle, Washington USA (Piruz Huda, ARNP)
2011-2012	Case Management, Program for All-Inclusive Care for Elders (PACE), Providence Elderplace, Seattle, Washington USA
2010-11	Case Management, Evergreen Hospital Medical Center, Kirkland, Washington USA

- 2007-2008 Care management, Molina HealthCare, Bothell, Washington USA
- 1996 Case management/utilization review/home health care, Home Health Care of Washington Redmond, Washington USA
- 1995-1996 Case management/utilization review/home health care, Healthcare Management Administrators, Seattle, Washington USA
- 1992-2001 Case management/utilization review/home health care, Qualis Health (formerly known as ProWest), Seattle, Washington USA
- 1990-1992 Clinical employment, Dr. and Mrs. John Micha  
Live-in nurse for medically-fragile infant, Laguna Beach, California, USA
- 1986-1989 Clinical employment, Highland Hospital (Alameda County Medical Center)  
Assistant Head Nurse, Orthopedics, Gynecology, and Jail Ward, Oakland, California USA
- 1983-1986 Clinical employment, San Bernardino County Hospital  
Staff Nurse, Medical, Surgical, ICU/CCU/SICU/Burn Units  
San Bernardino, California, USA
- 1980-1983 Clinical employment, Loma Linda Community Hospital  
Staff nurse, Medical Unit, Loma Linda, California, USA

## **Publications**

### Refereed Journal Articles:

- Cooke, C. L.**, Boutain, D., Banks, J., & Oakley, L.D. (2022). Health equity knowledge development: A conversation with Black nurse researchers. *Nursing Inquiry*, 29, e12464. <https://doi.org/10.1111.nin.12463>
- Cooke, C. L.** (2014). Nearly invisible: the psychosocial and health needs of women with male partners in prison. *Issues in Mental Health Nursing*, 35(12). 979-982. DOI:10.3109/01612840.2013.873103.
- Cooke, C. L.**, Bowie, B.H., Carrère, S.Y. (2014). Perceived racial discrimination and child mental health. *Advances in Nursing Science*, 37(4). 299-314. DOI: 10.1097/ANS.0000000000000047.
- Mohammed, S.A., **Cooke, C. L.**, Ezeonwu, M., & Stevens, C. (2014). Sowing the Seeds of Change: Social Justice as Praxis in Undergraduate Nursing Education. *Journal of Nursing Education*, 53(9). 488-493
- Becker, D. A., Carrère, S. Y., Siler, C., Jones, S., Bowie, B., **Cooke, C.** (2012). Autonomic Regulation On the Stroop Predicts Reading Achievement in a Normative School Age Population. *Mind, Brain, and Education*, 6 (1). 10-18.
- Bowie, B., Carrère, S., **Cooke, C.**, Valdivia, G., McAllister, B., Doohan, E. (2011). The Role of Culture in Parents' Socialization of Children's Emotional Development. *Western Journal of Nursing Research*. doi: 10.1177/0193945911411494.
- Cooke, C. L.** (2007). Social and Environmental Factors: Interviews of Women with Incarcerated Partners. *Family and Community Health*, 30(2S) Supplement 2. S17-22.

- Cooke, C. L.** (2005). Going home: Formerly incarcerated African-American men return families and communities. *Journal of Family Nursing*, 11(4). 338-404.
- Cooke, C. L.** (2004). Joblessness and homelessness as precursors of health problems in formerly incarcerated African-American men. *Journal of Nursing Scholarship*, 36 (2), 155-160.
- Cooke, C. L.** (2002). Understanding incarcerated populations. *AORN*, 75 (3), 568-580.
- Cooke, C. L.** (2002). Book Review. *SIGNS: The Journal of Women in Culture and Society*, (27) 2 (Winter). Chicago: University of Chicago Press, 584-589.
- Boutain, D., & **Cooke, C.** (2002). The association between racism and high blood pressure among AfricanAmericans. *Ethnicity & Disease*, 11(4). 227-233.

#### Book Chapters

- Massey, K., Mohammed, S. & **Cooke, C. L.** (2024). Chapter 6: Seeing the whole: feminist theory as a model for patient care. In Alexander, Johnson-Mallard, Kostas-Polston, Cappiello, & Hubbard, *Women's Healthcare in Advanced Practice Nursing, 3<sup>rd</sup> Ed.* New York: Springer.
- Eagan-Torrko, M., Early, J., **Cooke, C. L.**, & Mohammed, S. (2024). Chapter 4: Oppression, Racism, Income Inequity and Women's Health Outcomes. In Alexander, Johnson-Mallard, Kostas-Polston, Cappiello, & Hubbard, *Women's Healthcare in Advanced Practice Nursing, 3<sup>rd</sup> Ed.* New York: Springer.
- Cooke, C. L.**, & Mohammed, S. A. (2016). Chapter 4: Health Care for Special Populations. In Alexander, Johnson-Mallard, Kostas-Polston, Fogel, & Woods, *Women's Healthcare in Advanced Practice Nursing, 2<sup>nd</sup> Ed.* New York: Springer.
- Cooke, C. L.**, & Mohammed, S. A. (2016). Chapter 6: Frameworks for Providing Healthcare: Using Feminist Theory to Guide Practice. In Alexander, Johnson-Mallard, Kostas-Polston, Fogel, & Woods, *Women's Healthcare in Advanced Practice Nursing, 2<sup>nd</sup> Ed.* New York: Springer.
- Mohammed, S.A., Stevens, C.A., Ezeonwu, M., & **Cooke, C.L.** (2016). Social justice, nursing advocacy, and health inequities: A primary health care perspective. In S.B. Lewenson, M. Truglio-Londrigan, & A. Sonenberg (Eds.), *Caring for populations: Practicing primary health care in nursing.* Burlington, MA: Jones and Bartlett Learning.
- Cooke, CL.** (2008). Frameworks for Nursing Practice with Women. In C. Fogel & N. Woods (Eds.), *Women's Health Care: A Comprehensive Handbook.* Thousand Oaks, CA & London: Sage.

#### Refereed Published Abstracts:

- 2014 **Cooke, C. L.**, Abrums, M., Anderson, A., Baroni, M., Blachley, B., Ezeonwu, M., Hatfield, K., Kenworthy, N., Kovalesky, A., Mohammed, S., Resnick, J., Stone, A., Wade, C., Westbrook, L. Using Nursing Expertise to Foster Undergraduate Public Health Knowledge. *Communicating Nursing Research*, 47, 201.
- 2014 Wade, C., **Cooke, C. L.** Abrums, M. A., Mohammed, S.A., Resnick, J., Ezeonwu, M., & Anderson, A. *Design and Process Considerations in Creating A Health Studies Program.* Presented at the Western Institute of Nursing 47<sup>th</sup> Annual Communicating Nursing Research Conference, Seattle, WA. April 11.
- 2013 **Cooke, C. L.** From Gown to the Town: *Prison, Communities and Health as a Site for Social Justice Praxis.* Presented at the Western Institute of Nursing's 46th Annual Communicating Nursing Research Conference, Anaheim, CA. April 11.

- 2013 Bowie, B., Carrere, S., & **Cooke, C.** *Perceived Discrimination and Children's Mental Health Symptoms*. Presented at the Western Institute of Nursing's 46th Annual Communicating Nursing Research Conference, Anaheim, CA. April 12.
- 2011 Wade, C., Abrums, M., Anderson, A., Kovalesky, A., Stone, A., Beschta, J., Connel, F., Resnick, J., Leadley, S., Baroni, M., Mohammed, S.A., Bekemeier, B., Orcutt, J., **Cooke, C.** *The Development of an Undergraduate Program Addressing Public Health Challenges*. Presented at the WA State Public Health Association Joint Conference on Health, Vancouver, WA.
- 2009 **Cooke, C. L.**, Udell, W., Weadon, C., & Bell, J. *Women with Incarcerated Partners: Examining Health Concerns and Challenges* Presented at the 15<sup>th</sup> Annual International Interdisciplinary Conference on Qualitative Health Research, Vancouver, BC, Canada. October 4.
- 2008 Seilheimer, G., and **Cooke, C. L.** (2010). *War or Sanctions: Which is Worse?* Presented at the Eighth Annual Western Regional International Health Conference, *War & Global Health: Transforming our Professions, Changing our World*. April 23-25, 2010, Seattle WA, April 24.
- 2006 **Cooke, CL.** & Carrère, SY. *Depression and its Correlates in African-American Married Women: Results from the Family Health Project Study*. Presented at the 39th Annual Conference of the Western Institute of Nursing, Albuquerque, NM, April 7.
- 2006 Carrère, S., **Cooke, CL.**, Cho, Y., and Allen, J. *Marital Satisfaction, Depressive Symptoms, and Cardiovascular Stress*. Presented at the 38th Annual Conference of the Western Institute of Nursing, San Francisco, CA, April 22.
- 2006 **Cooke, CL** *Research Participation in Women with Incarcerated Partners*. Presented at the 38th Annual Conference of the Western Institute of Nursing, San Francisco, California, April 24.
- 2005 **Cooke, C. L.** (2005). *Last in Line: African-American Men Discuss Identity after Incarceration*. Presented at the 38th Annual Conference of the Western Institute of Nursing, San Francisco, California, April 22.
- 2005 Stevens, C.A., Mohammed, S.A., Tashiro, C., & **Cooke, C.L.** (2005). *Hidden populations: Local knowledge, identity and the power of context*. *Communicating Nursing Research*, 38, 130.

#### **Research and other Grant-Related Support:**

##### Funded:

- 2008-13 Principal Investigator  
*Assessing the Parenting Practices and Health Status of Mothers with Incarcerated Partners*  
(Wadiya Udell, co-investigator 2008-9)  
Teaching and Scholarship Education Program, (\$12,542)
- 2004-2006 Principal Investigator  
*Research Participation in Women with a Partner in Prison: A Feasibility Study*  
Center for the Advancement of Health Disparities Research, School of Nursing, University of Washington 2004-2006, (\$9663)
- 2002-2004 Postdoctoral Fellow  
Women's Health Nursing Research Training Grant (T32 NR07039; Marcia Killien, PI).  
National Institutes of Health, National Institute of Nursing Research (Approx. \$70,000)
- 2000-2002 Principal Investigator

*Use of Support Systems by Families of Incarcerated Men*  
 Individual National Research Service Award (NINR F31 NR07529)  
 National Institutes of Health, National Institute of Nursing Research (\$31,500)

Not Funded:

- 2007 Principal Investigator  
*Improving the Health of Mothers whose Partners are in Prison.*  
 Avon Hello Tomorrow Fund.
- 2006 Principal Investigator  
*Chronic Disease in Incarcerated Women.*  
 American Nurses Foundation
- 2005 Principal Investigator  
*Stress and Wellbeing in Women with a Partner in Prison*  
 National Institutes of Health, National Institute of Nursing Research  
 Mentored Research Scientist Development Award (K-01), revised.  
 Scored.
- 2004 Principal Investigator  
*Stress and Wellbeing in Women with a Partner in Prison*  
 National Institutes of Health, National Institute of Nursing Research  
 Mentored Research Scientist Development Award (K-01)  
 Scored

Other Research Activities

- 2015-2016 Mental Illness and Drug Dependency Application: Immediate Community Care. (Cheryl Cooke, PI, Susan Schoeld, Elaine Walsh, Co-Investigators). Application submitted to King County Mental Health, November 2015, \$1.5 million (Not funded).
- 2002-2004 Postdoctoral Fellow  
*Marital Discord, Parenting, and Child Outcomes* (R01 MH42484; Sybil Carrère, PI)  
 National Institutes of Health, National Institute of Mental Health
- 2000-2001 Research Assistant  
*Correctional Mental Health Collaboration.*  
 University of Washington, School of Nursing and Washington State Department of Corrections  
 (David Allen, David Lovell, and Lorna Rhodes, Co-PIs)
- 1998-1999 Research Assistant  
*Light Therapy for Agitation in Elders* (R01 NR04173; Margaret Dimond, PI)  
 National Institutes of Health, National Institute of Nursing Research

Refereed Presentations

- 2015 Early, J., Vasquez, V. B., **Cooke, C.**, Beltran, S. A., O'Connor, J., Forslund, S., & Pena, M. *Amplifying "Community Voice" about Health through CBPR and Community-Academic Partnerships.* Accepted for presentation at Washington State Public Health Association for presentation on October 12, 2015.
- 2014 **Cooke, C. L.**, Abrums, M., Anderson, A., Baroni, M., Blachley, B., Ezeonwu, M., Hatfield, K.,

- Kenworthy, N., Kovalesky, A., Mohammed, S., Resnick, J., Stone, A., Wade, C., Westbrook, L. *Using Nursing Expertise to Foster Undergraduate Public Health Knowledge*. Presented at the Western Institute of Nursing 47<sup>th</sup> Annual Communicating Nursing Research Conference, Seattle, WA. April 11.
- 2014 Wade, C., **Cooke, C. L.** Abrums, M. A., Mohammed, S.A., Resnick, J., Ezeonwu, M., & Anderson, A. *Design and Process Considerations in Creating A Health Studies Program*. Presented at the Western Institute of Nursing 47<sup>th</sup> Annual Communicating Nursing Research Conference, Seattle, WA. April 11.
- 2013 **Cooke, C. L.** From Gown to the Town: *Prison, Communities and Health as a Site for Social Justice Praxis*. Presented at the Western Institute of Nursing's 46th Annual Communicating Nursing Research Conference, Anaheim, CA. April 11.
- 2013 Bowie, B., Carrere, S., & **Cooke, C.** *Perceived Discrimination and Children's Mental Health Symptoms*. Presented at the Western Institute of Nursing's 46th Annual Communicating Nursing Research Conference, Anaheim, CA. April 12.
- 2011 Wade, C., Abrums, M., Anderson, A., Kovalesky, A., Stone, A., Beschta, J., Connel, F., Resnick, J., Leadley, S., Baroni, M., Mohammed, S.A., Bekemeier, B., Orcutt, J., **Cooke, C.** *The Development of an Undergraduate Program Addressing Public Health Challenges*. Presented at the WA State Public Health Association Joint Conference on Health, Vancouver, WA.
- 2010 Valdivia, G., McAllister, B., Carrère, S.Y., Bowie, B., **Cooke, C.**, Doohan, E.A. *Cultural Comparisons in Parental Emotional Coaching and their Children's Outcomes*. Presented at the American Psychological Association, San Diego, California, April 2010.
- 2009 **Cooke, C. L.**, Udell, W., Weadon, C., & Bell, J. *Women with Incarcerated Partners: Examining Health Concerns and Challenges* Presented at the 15<sup>th</sup> Annual International Interdisciplinary Conference on Qualitative Health Research, Vancouver, BC, Canada. October 4.
- 2008 Seilheimer, G., and **Cooke, C. L.** (2010). *War or Sanctions: Which is Worse?* Presented at the Eighth Annual Western Regional International Health Conference, *War & Global Health: Transforming our Professions, Changing our World*. April 23-25, 2010, Seattle WA, April 24.
- 2006 **Cooke, C. L.**, & Carrère, S. Y. *Depression and its Correlates in African-American Married Women: Results from the Family Health Project Study*. Presented at the 39th Annual Conference of the Western Institute of Nursing, Albuquerque, NM, April 7.
- 2006 Carrère, S., **Cooke, C. L.**, Cho, Y., and Allen, J. *Marital Satisfaction, Depressive Symptoms, and Cardiovascular Stress*. Presented at the 38th Annual Conference of the Western Institute of Nursing, San Francisco, CA, April 22.
- 2006 **Cooke, C. L.** *Research Participation in Women with Incarcerated Partners*. Presented at the 38th Annual Conference of the Western Institute of Nursing, San Francisco, California, April 24.
- 2005 **Cooke, C. L.** (2005). *Last in Line: African-American Men Discuss Identity after Incarceration*. Presented at the 38th Annual Conference of the Western Institute of Nursing, San Francisco, California, April 22.
- 2005 Stevens, C.A., Mohammed, S.A., Tashiro, C., & **Cooke, C. L.** (2005). *Hidden populations: Local knowledge, identity and the power of context*. Presented at the 38th Annual Conference of the Western Institute of Nursing, San Francisco, California, April 22.

- 2002 **Cooke, C. L.** *African-American Men Post Release: Identifying Issues That Influence Repeated Incarceration*. Presented at the 2002 Annual Meeting of the American Society of Criminology, Chicago, IL, November 14.

Invited Presentations and Posters

- 2016 Cooke, C. L. *Incarceration and Vulnerable Families*. Presented to Seattle Women's Commission, Community Health and Wellness Subcommittee, City of Seattle. Seattle, WA September 19.
- 2016 Cooke, C. L. *The Effects of Incarceration on Individuals, Families, and Communities*. Presented at 13th Annual Western Regional International Health Conference: "Glocalization: Redefining Boundaries and Borders in Approaches to Health. Seattle, WA April 24.
- 2016 Cooke, C. L., Burchechi, A, Carpenter, K., Jordan, C., Kaur, G., & Nixon, D. *Making Movies: Using Technology in a Community Health Course*. Poster presented at the 49<sup>th</sup> Annual Communicating Nursing Research Conference, Western Institute of Nursing, Anaheim, CA. April 8.
- 2016 Cooke, C. L. Understanding Incarcerated Populations. Presented for NSG 552: Social Determinants of Health and Health Equity, UW Seattle, March 10.
- 2016 Cooke, C. L. Panel member: *Providing humane care in inhumane circumstances: A panel of health professionals who work with people who are incarcerated*. Presented at No Sanctuary: Understanding Historical and Contemporary Intersections of Mass Incarceration, Racism, and Health, Seattle, WA Feb 9.
- 2014 **Cooke, C. L.** *New Talk*. Presented in BCUSP 115E: Masculinities & Health, Feb 29.
- 2013 **Cooke, C. L.** Commentary and Facilitation: *Quiet Rage*. Social Justice Film Festival, Oct 7.
- 2013 Cooke, C. L. *Race and Discourse*. Presented in Education 855: Multicultural and Race Relations Education, Simon Fraser University, Vancouver, British Columbia, Canada. July 29.
- 2013 **Cooke, C. L.** *Prisoners as a Vulnerable Population*. Presented at the University of Washington, School of Nursing, UCON 450, February 26.
- 2012 **Cooke, C. L.** *Incarceration as a ~~Global~~ US Health Issue*. Presented at the University of Washington, School of Public Health Global Health Seminar (GH 500), November 19.
- 2010 **Cooke, C. L.** *Incarceration and Community: Health Effects and Disparities*. Presented at Seattle University, College of Nursing, January 25, 2010.
- 2009 **Cooke, C. L.** *Prisoners as a Vulnerable Population*. Presented at Seattle University, College of Nursing, Vulnerable Populations Course, January 26, 2009.
- 2008 **Cooke, C. L.**, *Qualitative Research Methods*. Presented to Health Disparities Scholars seminar, California State University San Bernardino, California on February 23 (via videoconference).
- 2006 **Cooke, C. L.** *Women with Incarcerated Partners: A Pilot Study and a Call for Research*. Presented at The 4th Biennial Arizona Sigma Theta Tau International, Beta Upsilon Chapter, Southwest Summit Research Conference, Phoenix, Arizona, March 3.
- 2006 **Cooke, C. L.** *Research Participation in Women with a Partner in Prison*. Poster presentation at Working within Communities: Research Institute Spring 2006, Honolulu, HI, February 25.

Consultation

- 2014 Qualis Healthcare: Thought Leaders Forum on Health Disparities, Seattle WA
- 2013 Snohomish County Health District, Everett, WA
- 2012 *Advanced Practice Education: Collaborative Mental Health Care*,  
(HRSA Grant # D09HP22640 E. Walsh, PI).  
Community Advisory Board Member
- 2010 Peer Reviewer, Research Committee, Sigma Theta Tau, Psi-chapter-at Large
- 2008 QualisHealthcare, Qualitative Research and Case Management  
State-wide Case Management Program Evaluation, Qualitative Research Expert
- 2006 Peer Reviewer, Western Institute of Nursing, 2006 Research Conference Abstracts

Media Interviews and Appearances

- 2014 Women behind bars: State takes a new approach. (Feb 26, 2014). *The Seattle Times*.  
[http://seattletimes.com/html/localnews/2022187282\\_womensprisonxml.html?prmid=4939](http://seattletimes.com/html/localnews/2022187282_womensprisonxml.html?prmid=4939)
- 2002 African-American Men in the Criminal Justice System. Invited expert guest, *Justice Passage*. Seattle, WA  
(October, 2002)

Professional Development (Conferences/Presentations attended, Group work)

- 2012 Nursing Faculty Research Interest Group
- 2012 Corrections and Legal Studies Research Interest Group
- 2010 Mentored Writing Group with Dr. David Takeuchi, Associate Dean for Research, School of Social Work,  
University of Washington, member (with Drs. Selina Mohammed, Andrea Stone and Shauna Carlile) 2008 UWB  
Teaching Circle with Drs. Mary Abrums, Elayne Puzan, and Selina Mohammed

Awards, Scholarships, Honors

- 2008 Initiative for Community-Based Learning and Scholarship, Development of BHLTH 497: Community,  
2008 Nominated for the UW Bothell Distinguished Teaching Award
- 2003-2005 Health Disparities Scholar, National Institutes of Health, National Center on Minority Health and  
Health Disparities.
- 2001 Hester McLaws Dissertation Scholarship, \$3,500.
- 1999 Magnuson Scholar, University of Washington, \$26,000.

Professional Memberships:

- 2015-6 American Psychiatric Nursing Association (APNA)
- 2005-2016 Western Institute of Nursing
- 2009-2010 Transcultural Nursing Society
- 1996-2010 Sigma Theta Tau-Psi Chapter At Large

2004-2007 Arizona Public Health Association

### **Academic Service**

#### University of Washington Bothell:

2017- Graduate Academic Affairs Committee  
Holistic Admissions Committee  
Grand Valley State University Kirkhof College of Nursing

2015-16 UW Bothell Campus Psychology Degree Development Committee  
Health Studies Degree Curriculum and Admissions Committee  
Diversity and Inclusion Center Steering Committee

2014-15 Co-Chair, Faculty Search Committee  
Faculty Advisor, Sigma Theta Tau, Psi-Chapter-at-Large  
Master of Nursing Curriculum and Admissions Committee  
Health Studies Committee  
E-learning Committee

2013-14 Nursing and Health Studies Online Education Initiative (Faculty lead)  
Health Studies Admission Committee

2012 Health Studies Program Development Committee

2010-1 Initiative for Community-Base Learning and Research Steering Committee

2010-1 Nursing Program Global Public Health Degree Program Workgroup (Chair)  
BSN Admissions Committee

2009 Faculty Advisor, Sigma Theta Tau, Psi-Chapter-At Large

2009 Master of Nursing Admissions Committee

2007-9 Strategic Planning Committee, University of Washington Bothell Nursing Program

2007-9 Strategic Planning for Promotion, Tenure, and Merit, University of Washington Bothell Nursing Program

2008 BSN Degree Admissions Committee

#### University Service, University of Washington

2012-15 Faculty Council on Women in Academia, University of Washington

2001-2004 Psychosocial and Community Health Diversity Taskforce, School of Nursing, University of Washington

2000-2002 Prisoner Advocate, Institutional Review Board, University of Washington

Departmental Service, Arizona State University

- 2005-2007 Faculty Search Committee, Arizona State University College of Nursing and Healthcare Innovation
- 2004-2007 Faculty Advisor: Nursing Students for Cultural and Ethnic Diversity (NSCED)

Community Service

- 2009-11 Community Psychiatric Clinics, Board of Trustees & Chair, Quality Improvement Committee
- 2009-10 Post Prison Educational Program, Seattle, WA, board member
- 2008-10 Sigma Theta Tau International, Psi-at-Large Chapter, UWB Counselor
- 2007-2008 Johnson & Johnson Promise of Nursing Grant, University of Washington Bothell, Recruitment Co-Lead
- 2007-8 Justice Works!, Chair
- 2005-6 Health Disparities Committee, Arizona Public Health Association, co-chair
- 2005-2007 Health Services Advisory Committee, Arizona Department of Corrections
- 2002-2004 Teen Feed, University District, Seattle, WA
- 2000-2004 Board of Trustees, Community Psychiatric Clinics
- 1999-2004 Community Advisory Board for Nursing Program, University of Washington, Bothell

Professional Service

- 2021- Manuscript Review  
Nursing Inquiry
- 2015-16 Manuscript Review  
Healthcare for the Poor and Underserved  
Public Health Nursing
- 2014-15 Manuscript Reviewer  
Journal of Healthcare for the Poor and Underserved  
Public Health Nursing  
Journal of General Internal Medicine
- 2013-14 Manuscript Reviewer  
Journal of Healthcare for the Poor and Underserved
- 2004-2009 Manuscript Reviewer  
Journal of General Internal Medicine
- 2008-2014 Manuscript Reviewer

## Public Health Nursing

**Courses Taught****Seattle University, Seattle, Washington USA**Doctoral Level

NURS 6021-04: Mental Health for Primary Care Clinicians. This course examines theories and concepts that guide psychotherapy practice and the empowerment of individuals, families and groups to engage in health promotion and behavior change. Major psychotherapy models are analyzed for theoretical frameworks and evidence-based applications across the lifespan. Emphasis is placed on the role of the advanced practice psychiatric nurse in assessing readiness and motivation for behavior change and discerning legal, ethical and social justice issues in therapeutic relationships and psychotherapy practice.

In the laboratory component of this course, students develop and demonstrate communication strategies and motivational interviewing skills that are foundational to psychotherapeutic interventions and psychotherapy practice.

NURS 6012-01: Cognitive Behavioral Therapy, Lab

NURS 6013-01: Lifespan Behavioral Therapy, Theory (2)

**Grand Valley State University, Allendale, Michigan, USA**Graduate Level

NUR 680-05, 06: Behavioral Health in Primary Care: Mental health conditions that are typically identified and often treated in primary care will be explored. Mental health conditions that also require comprehensive primary care management will be examined. Integrated behavioral health and primary care models will be analyzed. Current best practices and evidence-based treatment methods will be investigated.

Undergraduate Level

NUR 416-05: Professional Nursing IV: Professional nurse roles of provider and coordinator/manager/designer of care and member of the profession are integrated. Emphasis is on restoration, maintenance and promotion of health in individuals and families with long term physical and mental health limitations. Community as client will be introduced.

**University of Washington Bothell, Washington USA**Graduate Level

BNURS 530: Advanced Practice Management and Administration in Healthcare Organizations, (3 credits) Spr 2015. Examines management organizational theory and administration of healthcare organizations. Focuses on advanced management skills such as: strategic planning, budgeting, lean/Six Sigma, mentoring, teambuilding and motivational interviewing. Provides an experiential component where students will work with management professionals in the community to observe day-to-day operations.

BNURS 525 - Leadership for Advanced Nursing Roles, (3 credits) Fall 2008, 2009

This course focuses on leadership development in advanced nursing roles in health care delivery, research, and education. The course emphasizes the application of critical thinking, systems theory, leadership and change theory with a goal to improve the design and operation of health care and related systems.

BNURS 503 Advanced Fieldwork (1-6 credits) 2008-2014

Advanced fieldwork offers an opportunity to apply concepts examined throughout the program in the real-world context of communities, healthcare systems, staff development or educational settings. The focus is on preparing students for advanced nursing roles in communities, population-based care, management in health care systems, or education.

BNURS 598 Scholarly Project (1-6 credits) 2008-2011, 2012, 2013, 2014

Fulfills the requirements of the non-thesis options for Master's Students in nursing. Projects involve scholarly inquiry with in-depth focused analysis, culminating in a written product/report for dissemination. The Scholarly Project serves as the Capstone of the MN program. Fieldwork & electives may support the scholarly project.

Undergraduate Level

BNURS 350: Critical Thinking in Nursing (5 credits) 2008, 2009, 2010, 2012, 2014 (Summer)

This course focuses on critical thinking and academic reading and writing in nursing. Students explore nursing and health care issues, evaluate varied perspectives, and develop a reasoned analysis of current topics.

BHLTH 497: Communities, Prisons, and Health (5 credits). 2009, 2015 (Summer and Fall)

This course was developed as an introduction to how individuals, families, communities dealing with mass incarceration and the effects incarceration has on these populations. We examine the impact of incarceration on family functioning, health, and community capacity using a variety of media sources (music, feature films, art) and interaction with community members and key informants. Students develop a project focused on healing members of the diverse interdisciplinary groups affected by incarceration.

BNURS 403: Evidence Based Practice and Nursing Inquiry (5 credits). 2007-2010, 2013

This course develops beginning competence in accessing and evaluating scientific knowledge as a base for promoting evidence based practice in nursing care. In this course, we examine components of the process of nursing inquiry as a tool to advance nursing knowledge and a tool to promote evidence based practice

BNURS 407: Culture and Social Issues in Healthcare (5 credits). Fall 2007, Spring 2014, Fall 2015, Winter 2015

This course analyzes the impact of cultural, social, and global factors on the health of diverse populations and examines how discrimination, oppression, and privilege relate to health, illness, and healing. In the course, we apply self-awareness, knowledge, and skills in planning for and providing non-discriminatory and culturally competent health care.

BNURS 409: Partnerships in Community Health (5 credits). Summer 2009, 2011

This course helps students analyze, apply and evaluates nursing and other healthcare activities of local, national, and global communities, including health promotion, disease prevention, public health, and social justice efforts. We explore influencing socio-cultural, epidemiological, economic, and political issues that relate to community health and formulate community level diagnoses and interventions to promote and maintain population self care. The section I teach focuses on case management services to various populations.

BNURS 495: Senior Portfolio, 2007-2011, 2013

In this course, students create a portfolio demonstrating the progress made toward individual and program goals. Portfolio contains examples of papers, videotapes, evaluations from faculty, peers and self, and a reflective summary on the learning that has occurred.

BHS 497: Introduction to Management and Leadership for the Health Professions. (Winter 2015)

This course is an introduction to management and leadership principles and activities for those individuals who are newly entering the health professions. Activities in the course include 1) analyze personal leadership style; explore and analyze personal values as they relate to the business place; examine, discuss and synthesize how management and leadership skills and style impact colleagues, constituents, stakeholders, and employees; critically examine and analyze how assumptions, beliefs, values, and attitudes regarding the provision of health care services to diverse

populations influence leadership; and demonstrate self-awareness, knowledge, skills and leadership in planning for and in providing non-discriminatory and culturally sensitive health care in a multi-cultural society.

#### **BHS 497: Mid-level Management for Health Professionals, Sum 2014**

This course is an introduction to middle-level management and leadership theory, skills, and activities for health professionals. The course will examine a range of topics including leadership and management theory, leadership strategies, personnel issues, career planning, budgeting, and workplace ethics and safety. Some of the goals of the course include helping students develop an understanding of management and organizational processes, develop and improve interpersonal skills needed for success in the workplace, and, identify the strengths and skills that they bring to the role as manager. The course also offers a glimpse into what managers actually do at a variety of management levels. A final course goal is improve student understanding management principles within the context of the US healthcare system, including the roles of patients, third part insurance payers, and health care professionals.

### **Arizona State University, Phoenix, Arizona, USA**

#### **Graduate Level**

NUR589/593: Nursing Research (8 credits). 2005, 2006. Co-taught with Anne McNamara, PhD, RN

This is the capstone course for master's level students who are not taking the thesis option. The course is a two-semester process where students identify a clinical problem and develop, implement, and evaluate an evidence-based demonstration project for local hospitals and other health care settings. The course is co-taught over two semesters. A final paper and poster session are presented at the end of the second semester. Both semesters of the course are taught as a distance hybrid course.

#### **Undergraduate Level**

HCR 230 – Culture and Health (3 credits). 2005, 2006

This course examines the cultures of diverse groups and their experiences in health and illness. Cross-cultural communication, awareness of own cultural influences, indigenous and alternative healing practices are covered in this pre-nursing course offered by the College of Nursing and Healthcare Innovation faculty. Piloted the course during Fall 2006 as a distance-learning hybrid (five in-class days and remainder online).

### **University of Washington, Seattle, Washington, USA**

#### **Graduate Level**

NURS 550 – Whiteness and Racism in Health and Human Services. 2003, Co-taught with David Allen, PhD, RN.

The course is offered at the graduate level for nursing, education, psychology, and women's studies students. We explore current theories of oppression and whiteness within social services provision, American cultural patterns of intersecting forms of oppression (e.g., gender, race, and class), historical and political issues contributing to racism, and the possibility of remediation.

Nursing Research Methods (5 credits). 2002

NMETH 520 –Nursing Research Methods, (5 credit), 2002. Co-taught with Carole Schroeder, PhD, RN. NMETH 520 is a graduate course concerned with analysis of the research process as it applies to nursing—identification of researchable problems, use of the literature, re-conceptualizing theory from related fields, development of conceptual frameworks, and selection of appropriate methods for investigating clinical problems.

NMETH 521 –Nursing Research Methods (5 credits) 2002.

Co-taught with Carole Schroeder, PhD, RN. NMETH 521 emphasizes data collection, analysis and utilizing research findings in practice. Both courses provide the foundation for critically evaluating research for application in clinical practice, and all work following a single meeting the first day of class is performed on the Internet.

Undergraduate Level

NURS 303 – Foundations of Professional Nursing. 2003, 2004

NURS 303 focuses on nature of nursing for first-year BSN students. Course content includes exploring what it means to be a nurse, nursing roles, the health care system and patient's interaction within it, and health care financing. Illness experiences are also explored in this course.

NURS 413 – Nature of Health, Threats to Health, and Health Promotion. 2002. Co-taught with Susan Labyak, PhD, RN.

NURS 413 focuses on health promotion across the lifespan for second-year BSN students. This course provides an introduction to scientific principles of nursing care to promote health, wellness, prevent disease in clients. The emphasis is on understanding multidimensional aspects of health; personal, environmental factors that support healthy functional patterns of individual clients, and health promotion interventions. Assessment of health patterns in terms of risk, vulnerability, resilience, and protective factors are other aspects of the course content.

**Research Supervision of Students and Fellows**Chairperson, Masters and DNP Project Committees:

2020	Chris Garrity, MN Natalie Dreyfoos, DNP
2015-16	Cherie Hanning, Administrative Practice Laura Martin, Nursing Administration
2014-15	Helen Okereke: Evaluation of New Nurse Orientation Debbie Ellison: Magnet Status Anne Kinneman: Advanced Leadership at a Major Hospital
2013-14	Eric LaPorte, Community Health Management Maria Devera, Lateral Violence Linda Smith, Adolescent Health
2010-11	Carol Lund, In-hospital Nurse Educator: Working with New Nurses Ali Valibeigi, Culture, Gender, and Self-Reflection in the Classroom
2009-10	Gary Seilheimer, Nursing Role in Global and International Health Claude Weadon, Post Prison Health Services Cheryl Kimball, Cultural Competency in Maternal Child Health
2008-9	Jocelyn Anderson, Nurse Educator Coursework Betsy Pesek, The Use of Evidence Based Practice by Critical Care Nurses, Angela Holroyd, Study of Cultural Competence
2010	Margaret Engstrom, Research Assistant

Second reader, Master's Project Committee

2015-16	Kandi DeVenere Lisa Magnusson Ashley Rossow
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2013-4 Timothy Meeks

Research Supervision-Undergraduate Students

2016 Kidist Mengistu, Research Assistant  
Mohamed Abdi, Research Assistant

2013-14 Jamie Howeth, Research Assistant

2010 Melissa Pearson, Research assistant  
Faduma Abdirahman, Research assistant  
Gazelle Mayzon, Research Assistant

2008 Amy Rosencranz, Literature Review  
Lamin Darboe, Literature Review, Food Insecurity in Low Income Women  
Conteh Lang, Literature Search and Review, Parenting Stress in Low Income Women Baijie  
Wang, Literature Search, Health Status and Low Income Women

Teaching & Clinical Practice Supervision of Graduate Students and Lecturers

Teaching supervision

2015 Anne Kinneman, MN Student  
BNURS 530: Advanced Practice in Management and Administration of Healthcare Organizations

2008 Jocelyn Anderson, MN Student  
BNURS 350: Critical Thinking

Gail Larson, Adjunct Faculty  
BNURS 525: Leadership in Advanced Practice Roles

Clinical Practice Supervision, Providence Elderplace

2012 Alima Mustafa  
Catherine Nyoro

Independent Study/Directed Readings

2010 Pamela Mellish, MN Student, Postcolonial and Feminist Readings related to Nursing in India